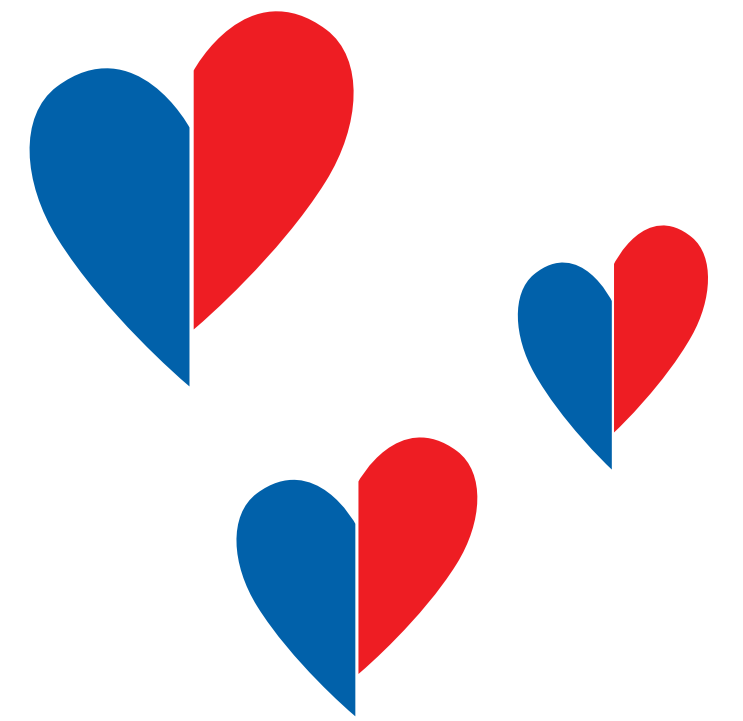


# February is Heart Month!



Beth Israel Medical Center's Heart Institute is sponsoring events this month to help promote heart healthy living!

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 ♥ "The Benefits of Arterial Grafting in Coronary Bypass Grafting" 2 pm, Podell Conf. Rm. A Robert Tranbaugh, MD	4 <b>GO RED at KHD!</b> ♥ Women & Heart Disease and Heartsaver/AED Information Sessions	5 <b>GO RED at Petrie!</b> ♥ Education Session & Screenings ♥ "Women, Heart Disease & Nutrition" Noon, 2 Dazian Bd. Rm. Susan Hecht, MD ♥ Wear RED!!
8	9 ♥ "Introduction to Electrophysiology" 1 pm, 3 Linksy Conf. Rm. Preety Chawla, MD	10 ♥ Heartsaver/AED Information Session 11 am, PACC Conf. Rm 2	11 ♥ "Basic Rhythm Analysis" 8 am, 3 Linksy Conf. Rm. Sam Hanon, MD	12
15	16	17 ♥ Heart Healthy Day Screenings 10 am-3 pm, PACC Conf. Rm. 1&2 ♥ "Exercise Your Heart" 12 Noon, PACC Conf. Center Margaret Furman, MD, MPH, FACC ♥ Yoga Session, PACC Conf. Rm. 1	18 ♥ Yoga Session at Petrie 3 Linksy	19
22 ♥ "African Americans and Heart Disease" 11 am, Podell Conf. Rm A Steven Bergmann, MD, PhD	23 ♥ Heartsaver/AED Course for BIMC Volunteers 1 pm and 5:30 pm Podell Conf. Rm A	24	25	26 ♥ Heart Healthy Cooking Session with Chef Orreilli Collado 2 pm, 8 Fierman Hall Friedman Diabetes Center

Come join us as we celebrate Heart Healthy Living! Events are open to employees and the community. Some events require pre-registration. For further information please call (212) 420-2806 or 1-877-WOMEN-00.

