



*Beth Israel Medical Center's Heart Institute
(in conjunction with Karpas Health, the Gerald J. Friedman Institute and the
Latino Institute)
will celebrate*

Heart Healthy Day

Wednesday, February 17th

Location: PACC Conf Rooms 1 & 2

There will be free screenings for:

- Cholesterol*
- Diabetes*
- Blood Pressure*
- Body Mass Index (BMI)*
- Heart Healthy Nutritional Consultations*

Screenings/Results/Counseling:

10 AM - 12 PM

1 - 3 PM

Know the facts. Know your risk.

*Margaret L. Furman, MD, MPH,
FACC*

will be conducting an education session entitled

"Exercise Your Heart" at 12 noon

Please call the Women's Cardiac Care Network at (877) WOMEN-00 with que.

